6-Week Training Bootcamp

Everyday Cybersecurity: Protect Yourself and Your Organization from AI Driven Cyber Attacks

In today's digital age, personal security has never been more important. With cyber threats on the rise and personal data constantly at risk, understanding how to protect yourself online is essential.

This online personal security course equips you with the knowledge to safeguard your personal information, secure your devices, and recognize potential threats such as phishing scams, identity theft, and hacking attempts.

By taking this course, you'll gain practical skills to stay safe in an increasingly connected world, empowering you to protect your security and privacy and maintain control over your digital footprint.

This course helps developing essential cybersecurity awareness and practical skills to protect yourself, your data, and your organization from modern cyber threats especially driven by AI agents. This course provides real-world guidance on recognizing risks, practicing safe online behavior, and contributing to a stronger security culture in any environment.

Ultimately, this course provides sufficient foundational knowledge and skills to help those individuals who will seek the professional certification from ISCA, ISC, OWASP, CSA and EC-Council.

Learning Objectives

The course covers Core areas include:

1. Understand the fundamentals of cybersecurity and common cyber threats
2. Recognize phishing, social engineering, and online scams especially those driven by AI agents Become cyber-savvy by learning how to protect yourself and your organization from the latest online threats, no matter your level of experience
3. Explore the secrets behind common cyber attacks and see how they're performed in the real-world
4. Gain the confidence to identify and respond to potential security risks, recognizing subtle warning signs that others might miss
5. Enhance your cyber security skills, whether for your personal security or employment-related training
6. Apply best practices for password management and authentication
7. Protect personal and organizational data from unauthorized access

8. Learn safe browsing, email, and mobile device security practices
9. Understand the importance of security awareness and incident reporting
10. How to protect your personal information and secure your online presence
11. Recognizing and preventing common cyber threats like phishing, identity theft, and hacking
12. Practical skills to secure your devices and maintain privacy in the digital world
13. Understanding and implementing best practices for personal online security
14. How to assess and manage potential security risks in your personal and professional life
15. Real-world cybersecurity techniques used by industry professionals

🎯 **Who Should Attend**: This training is ideal for:

1. Common computer users and office staff staff
2. Office Managers especially looking after IT operations.
3. Office executive in Government, Academia and Enterprise organizations
4. IT and IT Security Managers and Professionals
5. Computer lab managers in training and testing center
6. Junior cybersecurity professionals in telecom, banking, government, industry and professional organizations especially those seeking cybersecurity certifications by ISACA, ISC2, EC-Council etc.,
7. Information security trainers.

✅ **Course Level**: Beginners to Lower Mid-Level for non-technical computer user staff and executive

✅ **Background Required**: Computer User (office productivity), No professional competency.

✅ **Language**: Live interaction in English.
Recorded video content in English, Arabic and French.

✅ **Course Duration/ Schedule**: 6 Week starting on 14 Oct 2026 – Self-study material and Instructor driven scheduled lectures. 2 Hours interactive lecture each week (Wednesday 6:00 PM Pakistan Standard Time)

✅ **Special Features**

- Highly qualified and experienced and competent instructor
- Fully online paper free learning environment
- Includes extensive course material including pre-recorded video lectures, recordings of live interactive video lectures, reading material, interactive quizzes,

assignments, case studies, projects and certification mock examinations for live practicing.
- Realistic practice mock exam in both certifications with AI driven analysis and feedback
- Verifiable social media shareable certificate
- Provision of discounted examination vouchers from certification agency (optional)

Course Organization

- Pre-recorded video lecture
- Reading Material (official study guides/ reference books/ other material)
- Lab work guidance along with lab manuals
- Self-assessment quizzes after each lecture (once a week)
- Mock Practice Exams with analysis
- Live interactive sessions (Daily 5-days/ 2 hours) Schedule to be decided in consultation with sponsors.

Mode of Delivery:

- Online interactive sessions from Pakistan on COMSAT's Virtual Meeting and Classroom platform ***Kalaam***.
- Comprehensive course material will be provided on-line (Paper-Free) through iqrasity Learning Network portal (iqrasity.org).
- Course content and Recorded Video Lectures will remain available to the workshop participant for 5-year.

Trainers' Profile

Dr. ASHRAF MASOOD

Dr. Ashraf Masood, having PhD in Electrical Engineering from MSU (USA), is an outstanding cybersecurity expert with experience of over 40+ years in academia, military, ICT R&D, industrial leadership, and high-tech cybersecurity system engineering. His core expertise is R&D, industrial product development and system engineering in the domains of Information & Communication Technology (ICT) and Cyber Security and Intelligence (CS&I).

AMAN FAHEEM

Aman Faheem is a highly qualified with over 15 years multi-domain experience in cybersecurity, law enforcement, and IT leadership—including service in elite intelligence and counterterrorism. As a certified instructor in CISSP, CRISC, PMP, CISA, ISO-45001, he bring both strategic insight and field-proven knowledge to the classroom.

SHAKEEL AHMED CHAUDHRY

Certified in CISSP, CISA, CISM, CGEIT, CRISC and CEH with a qualification of Masters in Information Security, Mr. Shakeel has over 30 years' experience in training and industrial professional experience in cybersecurity.